

**RMSC Kick-Off**  
**October 17 - 19, 2008**

best times only

John Baldwin	500 free	5:01.74	split		
	1000 free	10:14.64		AA	time
	200 back	2:07.50			
	50 breast	:34.20	split		
	100 breast	1:13.20	split		
	200 breast	2:34.49		B	time
	50 fly	:28.11	split		
	100 fly	1:04.81	split		
	200 fly	2:16.30		B	time
	200 I.M.	2:08.03		<b>A</b>	<b>time</b>
	400 I.M.	4:37.55		A	time

Kevin Benecki	1000 free	11:13.82			
	200 back	2:17.94			
	100 breast	1:26.54	split		
	200 breast	2:57.26			
	200 fly	2:25.43			
	200 I.M.	2:23.25		B	time
	400 I.M.	5:02.39			

Matt Benecki	200 back	1:56.94			
	50 breast	:34.72	split		
	100 breast	1:13.31	split		
	200 breast	2:30.51			
	50 fly	:27.01	split		
	100 fly	:58.46	split		
	200 fly	2:02.67			
	200 I.M.	2:02.92			
400 I.M.	4:17.47				

Matt Callahan	1000 free	10:46.27			
	50 fly	:26.27	split		
	200 fly	2:17.12			
	200 I.M.	2:03.17		<b>AAA</b>	<b>time</b>

Alec Contag	200 back	2:08.38			
	100 breast	1:16.57	split		

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	200 breast	2:39.58		
	50 fly	:28.14	split	
	200 I.M.	2:10.84		A time
Zachary Diener	500 free	5:37.72	split	
	1000 free	11:40.79		
	100 back	1;10.24	split	
	50 fly	:30.49	split	
	200 fly	2:23.04		B time
	200 I.M.	2:21.65		
	400 I.M.	4:54.93		
Andrew Draganov	1000 free	12:10.68		B time
	50 breast	:36.56	split	
	100 breast	1:17.85	split	
	200 breast	2:44.84		
	50 fly	:33.20	split	
	100 fly	1:17.92	split	
	200 I.M.	2:30.46		B time
Tom Fenninger	500 free	5:42.79	split	
	1000 free	11:36.96		B time
	200 back	2:23.48		
	50 breast	:33.58	split	
	100 breast	1:13.02	split	
	200 breast	2:36.91		B time
	50 fly	:31.16	split	
	100 fly	1:11.96	split	
	200 fly	2:45.93		
	200 I.M.	2:22.75		
	400 I.M.	5:05.19		B time
Michael Flach	50 breast	:30.73	split	
	100 breast	1:05.08	split	
Bill Kim	1000 free	10:46.40		AA time
	200 back	2:05.43		
	50 breast	:36.76		

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	100 breast	1:17.63		
	200 I.M.	2:13.07		AA time
Steven LeDuc	1000 free	10:01.62		
	50 back	:30.75		
	200 back	2:08.64		
	50 breast	:33.73	split	
	100 breast	1:12.98	split	
	200 breast	2:34.21		
	200 I.M.	2:11.28		
	400 I.M.	4:34.28		
William Lichtenfels	500 free	5:58.23	split	
	200 back	2:31.72		
	50 breast	:36.26	split	
	100 breast	1:17.59	split	
	200 breast	2:43.93		B time
	50 fly	:32.13	split	
	100 fly	1:16.54	split	
	200 I.M.	2:26.32		
Elizabeth Longosz	500 free	6:09.72	split	
	1000 free	12:34.64		B time
	200 back	2:37.49		
	50 breast	:41.32	split	
	100 breast	1:27.62	split	
	200 breast	3:02.33		
	50 fly	:31.67	split	
	100 fly	1:12.29	split	
	200 fly	2:45.48		
	200 I.M.	2:35.23		
Elena Marsilii	200 free	2:06.89	split	
	500 free	5:31.05	split	
	1000 free	11:13.25		AA time
	50 back	:33.60	split	
	100 back	1:10.09	split	

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	200 back	2:22.64		
	200 breast	2:42.56		
	50 fly	:30.59	split	
	200 fly	2:26.58		A time
	200 I.M.	2:19.61		
	400 I.M.	4:58.66		
Christian Matthews	200 I.M.	2:19.90		
Katie Neubig	200 free	2:16.06	split	
	500 free	5:52.02	split	
	1000 free	11:55.16		A time
	50 back	:40.80	split	
	200 back	2:46.69		
	50 breast	:37.51	split	
	100 breast	1:19.79	split	
	200 breast	2:47.95		
	50 fly	:36.21	split	
	200 fly	2:56.74		
	200 I.M.	2:34.90		B time
	400 I.M.	5:39.67		
Leah Noordhuizen	200 free	2:04.68	split	
	500 free	5:23.15	split	
	1000 free	11:03.43		
	200 back	2:27.58		
	50 breast	:35.80		
	200 breast	2:36.13		
	50 fly	:30.52	split	
	100 fly	1:06.56	split	
	200 fly	2:20.75		A time
	200 I.M.	2:21.16		
	400 I.M.	4:53.76		<b>AA time</b>
Adam Pennington	200 back	1:57.27		
	100 breast	1:07.85	split	
	200 breast	2:21.68		<b>AA time</b>
	100 fly	1:02.56	split	

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	200 I.M.	2:03.00		
	400 I.M.	4:15.89		AAA time
Alex Pennington	200 free	2:13.02	split	
	500 free	5:52.10	split	
	1000 free	11:50.75		
	200 back	2:21.89		
	50 breast	:37.19	split	
	100 breast	1:19.46	split	
	50 fly	:32.54	split	
	100 fly	1:16.95	split	
	200 I.M.	2:23.87		
Brooke Ream	200 free	2:06.51	split	
	1000 free	11:08.31		
	200 breast	2:36.82		
	50 fly	:30.62	split	
	200 fly	2:20.83		
	400 I.M.	4:50.98		
Becky Shaak	100 free	1:02.00	split	
	200 free	2:08.67	split	
	500 free	5:34.84	split	
	1000 free	11:26.22		A time
	200 back	2:21.03		
	200 breast	2:33.11		<b>AA time</b>
	50 fly	:32.01	split	
	100 breast	1:12.53		
	200 I.M.	2:19.51		
	400 IM.	4:59.85		
Leigh Siegfried	200 free	2:15.90	split	
	500 free	5:57.16	split	
	1000 free	12:02.72		B time
	200 back	2:30.56		
	100 breast	1:21.41	split	
	200 I.M.	2:34.52		

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Caylyn Tate	50 back	:33.46	split	
	100 back	1:08.10		
	200 back	2:18.48		<b>A time</b>
	100 breast	1:16.13	split	
	200 breast	2:35.88		
	50 fly	:31.39		

Brian Via	50 free	:26.08	split	
	100 free	:53.22	split	
	200 free	1:48.01		AAA time
	500 free	4:46.24	split	
	1000 free	9:42.84		<b>AAAA time</b>
	50 back	:31.57	split	
	200 back	2:08.60		<b>A time</b>
	100 fly	1:00.15	split	
	400 I.M.	4:20.52		

Ryan Williams	500 free	5:03.85	split	
	1000 free	10:22.68		AA time
	200 back	2:15.07		B time
	200 breast	2:41.89		
	50 fly	:29.26	split	
	400 I.M.	4:43.79		A time