

REVISED 2009 SUMMER SCHEDULE

The very successful summer of 2009 is quickly winding down. Congratulations to all the great swimmers at Senior Champs, Junior Champs, and Age Group Champs. Good luck for those of you who have qualified for Zones, Junior Nationals, and Senior Nationals.

Due to scheduling difficulties at Lake Newport, we have had to make revisions to the last two weeks of our summer schedule. Please use the following schedule for the remainder of your summer.

		morning		afternoon	
Sun	July 26	Level III	8:00 - 10:30	Lake Newport	---
		Level IV	7:45 - 10:30	Lake Newport	---
Mon	July 27	Level I	---		5:00 - 6:00 Glade
		Level II	6:30 - 8:00	Lake Newport	---
		Level III	6:00 - 8:00	Lake Newport	& 6:00 - 7:00 Glade
		Level IV	5:45 - 8:00	Lake Newport	& 5:00 - 7:00 Glade
Tue	July 28	Level I	---		5:00 - 6:00 Hunters Woods.
		Level II	---		6:00 - 7:00 Hunters Woods
		Level III	6:00 - 8:00	Lake Newport	---
		Level IV	5:45 - 8:00	Lake Newport	& 5:00 - 7:00 Hunters Woods
Wed	July 29	Level I	---		6:00 - 7:00 Autumnwood
		Level II	6:30 - 8:00	Lake Newport	& 5:00 - 6:00 Autumnwood
		Level III	6:00 - 8:00	Lake Newport	& 5:00 - 7:00 Autumnwood
		Level IV	5:45 - 8:00	Lake Newport	---
Thu	July 30	Level I	---		5:00 - 6:00 Lake Audobon
		Level II	---		6:00 - 7:00 Lake Audobon.
		Level III	6:00 - 8:00	Lake Newport	---
		Level IV	5:45 - 8:00	Lake Newport	& 5:00 - 7:00 Lake Audobon
Fri	July 31	Level II	6:30 - 8:00	Lake Newport	---
		Level III	6:00 - 8:00	Lake Newport	---
		Level IV	5:45 - 8:00	Lake Newport	---
Sun	August 2	*	Lake Newport	8:00 a.m. - 10:30 a.m.	*
Mon	August 3	*	Lake Newport	5:45 a.m. - 8:00 a.m.	*
	thru				
Fri	August 7				
Sun	August 9	*	Lake Newport	8:00 a.m. - 10:30 a.m.	*
Mon	August 10*		Lake Newport	5:45 a.m. - 8:00 a.m.	*

* FISH who have qualified for an August meet (Zones, Junior Nationals, US Open) will have access to long course training until Monday, August 10. Level II and higher FISH will also have access to these practices.