

Sunday Practices

Sunday, January 10 and Sunday, January 31

Terrific FISH	12:30 p.m. – 2:00 p.m.	at Madeira
Incredible FISH	11:00 a.m. – 12:30 p.m.	at Madeira
Awesome FISH	11:00 a.m. – 2:00 p.m.	at Madeira

Sunday, January 17

Advanced Age Group	11:00 a.m. – 12:30 p.m.	at Madeira
Terrific FISH	12:30 p.m. – 2:00 p.m.	at Madeira
Incredible FISH	11:00 a.m. – 2:00 p.m.	at Madeira
Awesome FISH	11:00 a.m. – 2:00 p.m.	at Madeira

Sunday, January 24 and Sunday, February 21

Advanced Age Group	11:00 a.m. – 2:00 p.m.	at George Mason
Terrific FISH	11:00 p.m. – 2:00 p.m.	at George Mason
Incredible FISH	11:00 a.m. – 2:00 p.m.	at George Mason
Awesome FISH	11:00 a.m. – 2:00 p.m.	at George Mason

Sunday, February 7

Advanced Age Group *	3:00 p.m. – 5:45 p.m.	at Spring Hill
Terrific FISH *	3:00 p.m. – 5:45 p.m.	at Spring Hill
Incredible FISH *	3:00 p.m. – 5:45 p.m.	at Spring Hill
Awesome FISH *	3:00 p.m. – 5:45 p.m.	at Spring Hill

* - for all PVS Junior Olympic / PVS Senior Champs qualifiers

Sunday, February 14

Age Group Girls *	11:00 a.m. – 12:30 p.m.	at Madeira
Age Group Boys *	12:30 p.m. – 2:00 p.m.	at Madeira
Advanced Age Group	11:00 a.m. – 12:30 p.m.	at Madeira
Terrific FISH	12:30 p.m. – 2:00 p.m.	at Madeira
Incredible FISH	11:00 a.m. – 2:00 p.m.	at George Mason
Awesome FISH	11:00 a.m. – 2:00 p.m.	at George Mason

* - only those Age Group swimmers signed up for the PVS 18 & under Champs

Sunday, February 28

Mini FISH Girls *	11:00 a.m. – 12:30 p.m.	at Madeira
Mini FISH Boys *	12:30 p.m. – 2:00 p.m.	at Madeira
Advanced Age Group	11:00 a.m. – 12:30 p.m.	at Madeira
Terrific FISH	12:30 p.m. – 2:00 p.m.	at Madeira
Incredible FISH	11:00 a.m. – 2:00 p.m.	at George Mason
Awesome FISH	11:00 a.m. – 2:00 p.m.	at George Mason

* - only those Mini FISH swimmers signed up for the Mini Champs