

2011 Early Season Schedule

Congratulations to Matthew Benecki, our Summer Nationals swimmer. Congratulations to our Zone team. Congratulations to all our summer swimmers who helped the FISH finish in 3rd place at the PVS LC Age Group Championships. The summer of 2011 was a very successful one, and now it is time to begin to focus on our 2011- 2012 season!

Welcome to another year with the FISH, or, in some cases, your first. As you are probably well aware, this early season schedule is not optional. It is the foundation for your success this year, and is the first step to swimming fast in your Championship meets in March.

Awesome FISH

Sunday, August 28	8:00 a.m. - 10:30 a.m.	Lake Newport
Monday, August 29	4:00 p.m. - 6:30 p.m.	Spring Hill
Tuesday, August 30	4:00 p.m. - 6:30 p.m.	Spring Hill
Wednesday, August 31	4:00 p.m. - 6:30 p.m.	Spring Hill
Thursday, September 1	4:00 p.m. - 6:30 p.m.	Spring Hill
Friday, September 2	4:00 p.m. - 6:30 p.m.	Spring Hill
Saturday, September 3	9:00 a.m. - 11:30 a.m.	George Mason
Sunday, September 4	9:00 a.m. - 11:30 a.m.	George Mason
Monday, September 5	9:00 a.m. - 11:30 a.m.	George Mason
Tuesday, September 6	4:00 p.m. - 6:30 p.m.	Spring Hill
Wednesday, September 7	4:00 p.m. - 6:30 p.m.	Spring Hill
Thursday, September 8	4:00 p.m. - 6:30 p.m.	Spring Hill
Friday, September 9	4:00 p.m. - 6:30 p.m.	Spring Hill
Saturday, September 10	6:15 a.m. - 8:45 a.m.	Spring Hill
Sunday, September 11	7:00 a.m. - 9:30 a.m.	Wakefield
Monday, September 12	4:00 p.m. - 6:30 p.m.	Spring Hill
Tuesday, September 13	4:00 p.m. - 6:30 p.m.	Spring Hill
Wednesday, September 14	4:00 p.m. - 6:30 p.m.	Spring Hill
Thursday, September 15	4:00 p.m. - 6:30 p.m.	Spring Hill
Saturday, September 17	6:15 a.m. - 8:45 a.m.	Spring Hill
Sunday, September 18	7:00 a.m. - 9:30 a.m.	Wakefield

Incredible FISH

Sunday, August 28	8:00 a.m. - 10:30 a.m.	Lake Newport
Monday, August 29	4:00 p.m. - 6:00 p.m.	Spring Hill
Tuesday, August 30	4:00 p.m. - 6:00 p.m.	Spring Hill
Wednesday, August 31	4:00 p.m. - 6:00 p.m.	Spring Hill
Thursday, September 1	4:00 p.m. - 6:00 p.m.	Spring Hill
Friday, September 2	4:00 p.m. - 6:00 p.m.	Spring Hill
Saturday, September 3	9:00 a.m. - 11:30 a.m.	George Mason
Sunday, September 4	9:00 a.m. - 11:30 a.m.	George Mason
Monday, September 5	9:00 a.m. - 11:30 a.m.	George Mason
Tuesday, September 6	4:00 p.m. - 6:00 p.m.	Spring Hill
Wednesday, September 7	4:00 p.m. - 6:00 p.m.	Spring Hill
Thursday, September 8	4:00 p.m. - 6:00 p.m.	Spring Hill
Friday, September 9	4:00 p.m. - 6:00 p.m.	Spring Hill
Saturday, September 10	6:15 a.m. - 8:45 a.m.	Spring Hill
Sunday, September 11	7:00 a.m. - 9:30 a.m.	Wakefield
Tuesday, September 13	4:00 p.m. - 6:00 p.m.	Spring Hill
Thursday, September 15	4:00 p.m. - 6:00 p.m.	Spring Hill
Saturday, September 17	6:15 a.m. - 8:45 a.m.	Spring Hill
Sunday, September 18	7:00 a.m. - 9:30 a.m.	Wakefield

Terrific FISH

Saturday, September 3	9:00 a.m. - 11:30 a.m.	George Mason
Sunday, September 4	9:00 a.m. - 11:30 a.m.	George Mason
Monday, September 5	9:00 a.m. - 11:30 a.m.	George Mason
Tuesday, September 6	4:00 p.m. - 6:30 p.m.	Spring Hill
Wednesday, September 7	4:00 p.m. - 6:30 p.m.	Spring Hill
Thursday, September 8	4:00 p.m. - 6:30 p.m.	Spring Hill
Friday, September 9	4:00 p.m. - 6:30 p.m.	Spring Hill
Saturday, September 10	6:15 a.m. - 8:45 a.m.	Spring Hill
Sunday, September 11	7:00 a.m. - 9:30 a.m.	Wakefield
Monday, September 12	4:00 p.m. - 6:30 p.m.	Spring Hill
Wednesday, September 14	4:00 p.m. - 6:30 p.m.	Spring Hill
Friday, September 16	4:00 p.m. - 6:30 p.m.	Spring Hill
Saturday, September 17	6:15 a.m. - 8:45 a.m.	Spring Hill
Sunday, September 18	7:00 a.m. - 9:30 a.m.	Wakefield

Advanced Age Group

Saturday, September 10	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 11	7:00 a.m. - 9:30 a.m.	Wakefield
Wednesday, September 14	4:00 p.m. - 6:30 p.m.	Spring Hill
Friday, September 16	4:00 p.m. - 6:30 p.m.	Spring Hill
Saturday, September 17	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 18	7:00 a.m. - 9:30 a.m.	Wakefield