

2010 Early Season Schedule

Congratulations to Matthew Benecki, our Senior National swimmer, and to all our Zone qualifiers. Congratulations to all our summer swimmers who helped the FISH finish in 3rd place at the PVS LC Age Group Championships. Last summer was a very successful one, and now it is time to begin to focus on 2010- 2011 season!

Welcome to another year with the FISH, or, in some cases, your first. As you are probably well aware, this early season schedule is not optional. It will go a long ways to your success this year, and is the first step to swimming fast in your Championship meets in March.

Incredible FISH / Awesome FISH

Sunday, August 29	8:00 a.m. - 10:30 a.m.	Lake Newport
Monday, August 30	4:00 p.m. - 6:30 p.m.	Wakefield
Tuesday, August 31	4:00 p.m. - 6:30 p.m.	Wakefield
Wednesday, September 1	4:00 p.m. - 6:30 p.m.	Wakefield
Thursday, September 2	4:00 p.m. - 6:30 p.m.	Wakefield
Friday, September 3	4:00 p.m. - 6:30 p.m.	Wakefield
Saturday, September 4	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 5	8:00 a.m. - 10:30 a.m.	Lake Newport
Monday, September 6	7:30 a.m. - 10:00 a.m.	Wakefield
Tuesday, September 7	4:00 p.m. - 6:30 p.m.	Wakefield
Wednesday, September 8	4:00 p.m. - 6:30 p.m.	Wakefield
Thursday, September 9	4:00 p.m. - 6:30 p.m.	Wakefield
Friday, September 10	4:00 p.m. - 6:30 p.m.	Wakefield
Saturday, September 11	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 12	7:00 a.m. - 9:30 a.m.	Wakefield
Monday, September 13	4:00 p.m. - 6:30 p.m.	Providence
Tuesday, September 14	4:00 p.m. - 6:30 p.m.	Wakefield
Wednesday, September 15	4:00 p.m. - 6:30 p.m.	Providence
Thursday, September 16	4:00 p.m. - 6:30 p.m.	Wakefield
Friday, September 17	4:00 p.m. - 6:30 p.m.	Providence
Saturday, September 18	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 19	7:00 a.m. - 9:30 a.m.	Wakefield

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Terrific FISH

Saturday, September 4	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 5	8:00 a.m. - 10:30 a.m.	Lake Newport
Monday, September 6	7:30 a.m. - 10:00 a.m.	Wakefield
Tuesday, September 7	4:00 p.m. - 6:30 p.m.	Wakefield
Wednesday, September 8	4:00 p.m. - 6:30 p.m.	Wakefield
Thursday, September 9	4:00 p.m. - 6:30 p.m.	Wakefield
Friday, September 10	4:00 p.m. - 6:30 p.m.	Wakefield
Saturday, September 11	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 12	7:00 a.m. - 9:30 a.m.	Wakefield
Tuesday, September 14	4:00 p.m. - 6:00 p.m.	Providence
Thursday, September 16	4:00 p.m. - 6:00 p.m.	Providence
Friday, September 17	4:00 p.m. - 6:00 p.m.	Wakefield
Saturday, September 18	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 19	7:00 a.m. - 9:30 a.m.	Wakefield

Advanced Age Group

Saturday, September 11	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 12	7:00 a.m. - 9:30 a.m.	Wakefield
Monday, September 13	4:00 p.m. - 6:30 p.m.	Wakefield
Wednesday, September 15	4:00 p.m. - 6:00 p.m.	Wakefield
Friday, September 17	4:00 p.m. - 6:00 p.m.	Wakefield
Saturday, September 18	10:30 a.m. - 1:00 p.m.	George Mason
Sunday, September 19	7:00 a.m. - 9:30 a.m.	Wakefield