

2009 - 2010 Early Season Schedule

Congratulations to our World Championship Trials swimmers, our U.S. Open qualifiers, our Junior National qualifiers, and all our Zone qualifiers. 2009 was a very successful summer for the FISH, and now it is time to focus on 2010!

Welcome to another year with the FISH, or, in some cases, your first. As you are probably well aware, this early season schedule is not optional. It will go a long ways to your success this year, and is the first step in preparation for your Championship meets in March.

Awesome FISH

Sunday, August 30	7:45 a.m. - 10:30 a.m.	at Lake Newport
Monday 8/31 - Friday 9/4	4:00 p.m. - 6:30 p.m.	at Spring Hill
Saturday, September 5	7:45 a.m. - 10:15 a.m.	at Westwood C.C.
Sunday, September 6	7:45 a.m. - 10:30 a.m.	at Lake Newport
Monday, September 7	7:45 a.m. - 10:15 a.m.	at Westwood C.C.
Tuesday 9/8 - Friday 9/11	4:00 p.m. - 6:30 p.m.	at Spring Hill
Saturday, September 12	4:30 p.m. - 7:00 p.m.	at Westwood C.C.
Sunday, September 13	7:45 a.m. - 10:15 a.m.	at Westwood C.C.
Tuesday, September 15	4:00 p.m. - 6:30 p.m.	at Spring Hill
Thursday, September 17	4:00 p.m. - 6:30 p.m.	at Spring Hill
Saturday, September 19	4:30 p.m. - 7:00 p.m.	at Westwood C.C.
Sunday, September 20	8:30 a.m. - 11:00 a.m.	at Westwood C.C.
Monday 9/21 - Friday, 9/25	regular season schedule	
Saturday, September 26	6:15 a.m. - 8:45 a.m.	at Spring Hill
&	4:30 p.m. - 7:00 p.m.	at Westwood C.C.
Sunday, September 27	8:30 a.m. - 11:00 a.m.	at Westwood C.C.
Monday 9/28 - Sunday 10/4	same as Mon. Sept. 21 - Sun. Sept. 27	
Monday 10/5 - Sunday 10/11	same as Mon. Sept. 21 - Sun. Sept. 27	
Monday, October 12	8:30 a.m. - 11:00 a.m.	at Westwood C.C.

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Incredible FISH

Sunday, August 30	8:00 a.m. - 10:30 a.m.	at Lake Newport
Monday 8/31 - Friday 9/4	4:00 p.m. - 6:00 p.m.	at Spring Hill
Saturday, September 5	8:00 a.m. - 10:15 a.m.	at Westwood C.C.
Sunday, September 6	8:00 a.m. - 10:30 a.m.	at Lake Newport
Monday, September 7	8:00 a.m. - 10:15 a.m.	at Westwood C.C.
Tues. 9/8 & Thurs. 9/10	4:00 p.m. - 6:00 p.m.	at Spring Hill
Saturday, September 12	4:45 p.m. - 7:00 p.m.	at Westwood C.C.
Sunday, September 13	8:00 a.m. - 10:15 a.m.	at Westwood C.C.
Tues. 9/15 & Thurs. 9/17	4:00 p.m. - 6:00 p.m.	at Spring Hill
Saturday, September 19	4:45 p.m. - 7:00 p.m.	at Westwood C.C.
Sunday, September 20	8:45 a.m. - 11:00 a.m.	at Westwood C.C.
Monday 9/21 - Saturday 9/26	regular season schedule	
Sunday, September 27	8:45 a.m. - 11:00 a.m.	at Westwood C.C.
Monday 9/28 - Sunday 10/4	same as Mon. Sept. 21 - Sun. Sept. 27	
Monday 10/5 - Sunday 10/11	same as Mon. Sept. 21 - Sun. Sept. 27	
Monday, October 12	8:45 a.m. - 11:00 a.m.	at Westwood C.C.

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Terrific FISH

Saturday, September 5	8:00 a.m. - 10:00 a.m.	at Westwood C.C.
Sunday, September 6	8:00 a.m. - 10:00 a.m.	at Lake Newport
Monday, September 7	8:00 a.m. - 10:00 a.m.	at Westwood C.C.
Wednesday, September 9	4:00 p.m. - 6:00 p.m.	at Spring Hill
Friday, September 11	4:00 p.m. - 6:00 p.m.	at Spring Hill
Saturday, September 12	4:45 p.m. - 6:45 p.m.	at Westwood C.C.
Monday, September 14	4:00 p.m. - 6:00 p.m.	at Spring Hill
Wednesday, September 16	4:00 p.m. - 6:00 p.m.	at Spring Hill
Friday, September 18	4:00 p.m. - 6:00 p.m.	at Spring Hill
Sunday, September 20	8:45 a.m. - 10:45 a.m.	at Westwood C.C.
Monday 9/21 - Saturday, 9/26	regular season schedule	
Sunday, September 27	8:45 a.m. - 10:45 a.m.	at Westwood C.C.
Monday 9/28 - Sunday 10/4	same as Mon. Sept. 21 - Sun. Sept. 27	
Monday 10/5 - Sunday 10/11	same as Mon. Sept. 21 - Sun. Sept. 27	

Advanced Age Group

Sunday, September 13	8:00 a.m. - 10:00 a.m.	at Westwood C.C.
Monday, September 14	4:30 p.m. - 6:30 p.m.	at Spring Hill
Wednesday, September 16	4:30 p.m. - 6:30 p.m.	at Spring Hill
Friday, September 18	4:30 p.m. - 6:30 p.m.	at Spring Hill
Saturday, September 19	4:30 p.m. - 6:30 p.m.	at Westwood C.C.

Monday 9/21 - Friday, 9/25	regular season schedule
Saturday, September 26	4:30 p.m. - 6:30 p.m. at Westwood C.C.
Monday 9/28 - Sunday 10/4	same as Mon. Sept. 21 - Sun. Sept. 27
Monday 10/5 - Sunday 10/11	same as Mon. Sept. 21 - Sun. Sept. 27